



# CAPITOL PEAK COUNSELING, PLLC

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Jennifer Worcester, MA, LPC 303-475-2323 or Lisa Goldberg Griggs, MA, LPC 970-987-4649  
[Jennifer@capitolpeakcounseling.com](mailto:Jennifer@capitolpeakcounseling.com) or [Lisa@capitolpeakcounseling.com](mailto:Lisa@capitolpeakcounseling.com)

Thank you for choosing me as your therapist/counselor. The purpose of this document is to inform you of my background and to ensure that you understand our professional relationship. My degrees, licenses and affiliations are listed below:

## **Jennifer Worcester, MA, LPC**

Bachelor of Art in Sociology and History, University of Colorado, 1998  
Master of Art in Counseling Psychology, University of Colorado, 2001  
Licensed Professional Counselor (Colorado), License #4172  
National Certified Counselor, License #69646  
Member of the American Counseling Association  
University of Phoenix Faculty Member  
Orientation: Solution Focused and Cognitive Behavioral

## **Lisa Goldberg Griggs, MA, LPC**

Bachelor of Science in Education, Long Island University, 1977  
Master of Arts in School Counseling, Adams State University, 2001  
Licensed Professional Counselor (Colorado), License #6276  
Member of the Colorado Counseling Association  
Orientation: Cognitive Behavioral, Solution Focused, and Person Centered  
Lisa Goldberg Griggs is an independent contractor at Capitol Peak Counseling

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed social workers, licensed professional counselors, licensed marriage and family therapists, licensed school psychologists practicing outside the school setting, registered psychotherapists, and certified/licensed addiction counselors. Levels of Psychotherapy Regulation in Colorado include Licensure (requires masters level education, experience, and examination qualifications), Certification (requires minimum training, experience, and for certain levels, examination qualifications), and Registered Psychotherapist (does not require minimum education, experience, or examination qualifications.) All levels of regulation require passing a jurisprudence take-home examination. The agency within the Department that has responsibility specifically for licensed and Registered psychotherapists is the Department of Regulatory Agencies, Mental Health Section, 1560 Broadway, Suite 880, Denver, Colorado 80202, (303) 894-7766.

You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy, if I can determine it, and my fee structure. My fee schedule is located on the financial agreement and also on my website: [www.capitolpeakcounseling.com](http://www.capitolpeakcounseling.com)

It is the policy of my practice to collect all fees owed after 30 days, unless you make arrangements for payment and we both agree to such an arrangement. All accounts that are not paid within 90 days from the date of service shall be considered past due. If your account is past due, please be advised that I may be obligated to turn past due accounts to a collection agency or seek collection with a civil court action. Should this occur, I will provide the collection agency or Court with your name, address, phone number, and any other directory information, including dates of service or any other information requested by the collection agency or Court deemed necessary to collect the past due account.

Regarding confidentiality, generally speaking, the information provided by and to a client during therapy sessions is legally confidential if the therapist is a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, a registered psychotherapist, or a certified/licensed addiction counselor. Information disclosed to a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, a registered psychotherapist, or a certified/licensed addiction counselor is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person

to whom the testimony sought relates. There are exceptions to this general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. There are exceptions that I will identify to you as the situations arise during treatment or in our professional relationship. For example, I am required to report child abuse or neglect situations, if I determine that you are a danger to yourself or others, I am required to disclose such information to the appropriate authorities or to warn the party you have threatened, if you become gravely disabled, I am required to report this to the appropriate authorities, if you confess to a felony or other serious crime, I may be required to report that information to the appropriate law enforcement agency. I may also disclose confidential information in the course of supervision or consultation and in the investigation of a grievance or malpractice claim or if I am ordered by a court of competent jurisdiction to disclose such information. You should also be aware that if you should communicate any information involving a threat to yourself or to others, I may be required to take immediate action to protect you or others from harm. Additionally, if we should agree to communicate by text, email, telephone, or any other electronic method of communication, I cannot guarantee that those communications will be confidential. Even though I may utilize state of the art encryption methods, firewalls, and back-up systems to help secure our communication, there is a risk that our electronic or telephone communications may be compromised or unsecured.

Other important information that you should know: 1. You can seek a second opinion from another therapist, or terminate therapy at any time. 2. In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. It is a crime as well as a regulatory wrong in Colorado. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section at 1560 Broadway, Suite 880, Denver, Colorado (303-894-7766) and /or your local law enforcement agency. 3. You are always welcome to ask me any questions about my methods, techniques, or duration of therapy. Additionally, you may always ask me about my fee schedule. 4. Should you discontinue therapy for more than 60 days, your treatment will be considered "terminated." You may resume therapy any time after the 60 day period. This disclosure statement will remain in effect should you resume therapy and you may be asked to provide additional information to update your client records. 5. Please note, Capitol Peak Counseling, is not a 24-hour counseling center. In an emergency, please call 911 or the 24 hours National Crisis Hotline at 1-800-273-TALK, or go to your mental health center or hospital emergency room.

If you have any questions or would like additional information, please feel free to ask.

My signature below affirms that the preceding information has been provided to me verbally and in writing by my therapist and I understand my rights as a client.

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Signature of Client

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Date

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Signature of Client's Guardian

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Date

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Signature of Therapist

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Date